If they meet the requirements of NAC 632.242, Licensed Practical Nurses MAY:

## **GENERAL**

- remove, clean and reinsert a "donut" type **pessary** upon successful completion of formal education and training which includes demonstration of competence in the use of this device. Documentation of annual updates of education and demonstration of competency are required. (9/99)
- insert and check placement of NG tube. (9/86)
- insert oral gastric tubes. (11/86)
- perform postmortem enucleation. (6/87)
- remove a **respirator** when a patient has been determined to be brain dead and pronounced dead by a physician. The nurse may refuse to remove the respirator for medical, ethical, or moral reasons. (9/87)
- flush the PICC line and to access it for drawing blood (proposed 7/2009)

## **MISCELLANEOUS**

• utilize **complementary therapies** to meet nursing and client goals developed through the nursing process. Nurses may employ complementary therapies as part of an overall plan of nursing care following the specific guidelines below. (9/99)

Complementary therapies have been used in the holistic model of nursing which incorporates a philosophy of nursing practice that involves recognition of the individual as an integrated whole interacting with and being acted upon by both internal and external environments.

Nurses may employ complementary therapies as part of an overall plan of

nursing care under the following guidelines:

- 1. The nurse has the documented competence, knowledge, skill and ability in application of the therapy per NAC 632.224, 632.225, 632.071 and 632.242.
- 2. The nurse must follow the accepted standard of care which would be provided by a reasonable and prudent nurse. Utilization of a complementary therapy must include an evaluation as to whether the therapy is simple (non-invasive, minimal intervention, non-chemical, minimal risk of harm) or complex (invasive, chemical, physical, medications, maximum harm). For purposes of this advisory opinion, the use of herbal medicines, recommendations of megadoses of vitamins and any other complex therapy is not considered within the scope of practice for nurses at this time.
- 3. Clients have granted informed consent. In obtaining informed consent for a nursing intervention, the nurse shall provide the patient/client/family with the nature and consequences of any procedure, the reasonable risks (if any), possible side effects, benefits and purposes of the procedure and any alternative procedures available.
- 4. A nurse may not use any complementary therapy that is otherwise unlawful or that requires licensure or certification by another regulatory body unless the applicable laws have been met. The use of complementary therapies does not authorize the licensed nurse to diagnose or prescribe.

Approved by the Nevada State Board of Nursing: July 15, 2009.